

**October 1, 2025**

Because God is loyal and faithful

***Ps. 34:1-2 I will bless the LORD at all times; His praise shall continually be in my mouth. My soul will make its boast in the LORD; the humble will hear it and rejoice. Exalt the LORD with me, and let's exalt His name together. (NIV)***

Would you first take notice that we are to bless the LORD at *all times*? Not just when things are going as we want them to. Not just when we feel especially blessed or happy. We are to bless Him at all times. In fact, David says that His praise will *continually* be in my mouth.

I wonder what would happen if we truly took this to heart. It seems that I hear way more griping than I hear praising. I hear more criticism than building up and encouragement. We have so much to be grateful for. Even when it seems like this world is spinning out of control, we have the One Who holds it all in His hands and He is always going to be in control. Sometimes we just need to be reminded of the goodness of the LORD and what He is doing for His children.

Last night, I just put on some powerful worship music, muted my phone for a while, and just worshipped the LORD. It is freeing. It is healing. It is good. Give it a try. Just set aside thirty minutes and just sing to the LORD. I made sure no one else was around (so as not to damage someone else's ears). And I just worshipped Him. If you need a suggestion, let me give you the link to an especially worshipful video: <https://www.youtube.com/watch?v=o-UkkiHR7v8> Above All/There Is None Like You - Lenny LeBlanc - An Evening Of Hope Concert.

Maybe you could invite your family to just set aside some time and worship together. Invite some friends. Call your neighbor. Reach out with the joy of the LORD in your heart and you will be surprised at what He can do. Remember, it only takes a spark to get a fire going.

**Dear LORD, I will bless You at all times. I pray that Your praise will continually be in my speech and my actions. Help us to exalt You as You so deserve. There is none like You LORD. You are above all. In Jesus Name, Amen**